

CURRICULUM VITAE

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ONLINE LINKS

<https://scholar.google.com/citations?hl=en&user=kuLNUDkAAAAJ>

https://www.researchgate.net/profile/Fairuz_Ali/stats

<https://ukm.pure.elsevier.com/en/persons/mohd-fairuz-ali>

ACADEMIC QUALIFICATIONS / EDUCATION

Certification/Qualification obtained	Name of institution / School	Year
1. Masters in Family Medicine -Mmed (Fam Med)	The National University of Malaysia (UKM)	2011
2. Bachelor of Medicine, Bachelor of Surgery -MBBS	The University of Western Australia	2003
3. Basic Medical And Professional Development Programme (Bridging)	The University of Adelaide	1997
4. Science Matriculation	Science University of Malaysia (USM)	1995-1996

SUB CLINICAL TRAINING

	Area	Name of Institution	Year
1.	Clinical Observership in Community Geriatric	Dept of Geriatric, Hunter New England Health, New South Wales, Australia	2019
2.	Graduate Certificate in Dementia	Wicking Dementia Research & Edu Ctr, University of Tasmania	2020
3.	Preventing Dementia & Understanding Dementia MOOC		2019
4.	Brief Clinical Attachment - Stroke Clinic	Dept of Neurology, Hunter New England Health, New South Wales, Australia	2017

CURRENT AND PAST EMPLOYMENTS

Employer	Designation /Position	Year
<u>MALAYSIA</u>		
The National University of Malaysia	Lecturer & Clinical Specialist Department of Family Medicine	2011-Current
The National University of Malaysia	Trainee Lecturer Department of Family Medicine	2006-2011
UKM Medical Centre	Medical Officer	2005-2006

AUSTRALIA

Woodrising General Practice, Newcastle, NSW Australia.	General Practitioner	Dec 2019- Feb 2020
Waratah Doctors, Newcastle, NSW	General Practitioner	Feb-Dec 2017 & May-Nov 2019
13SICK National Home Doctors	Medical Doctor	June-Dec 2019
13Cure Home Doctor Service	Medical Doctor	June-Dec 2019
Fremantle Hospital and Health Service, Western Australia	Internship	2004-2005

CLINICAL RESPONSIBILITIES

1. Clinical Consultant in Family Medicine / General Practice
2. Consultant in Long Term Stroke Care

CLINICAL POSITIONS

Appointment	Name of institution	Year
Head of Development Unit	Family Medicine Department,	2014-2018

Physician in charge	UKM Medical Centre (UKMMC) Long Term Stroke Clinic, Primer Outpatient Clinic , UKM Medical Centre (UKMMC)	2010- current
Physician in charge	Combined Stroke Rehabilitation Clinic (CSRC), UKM Medical Centre	2012-2014
Clinic Coordinator	Primer Outpatient Clinic , UKM Medical Centre (UKMMC)	2011-2012

ACADEMIC RESPONSIBILITIES

1. Clinical lecturer at undergraduate and postgraduate level.
2. Undergraduate and postgraduate students research supervisor.
3. Clinical examiner for Medical & Dental Courses in UKM at the Undergraduate and Postgraduate conjoint exams.

ACADEMIC APPOINTMENTS

Appointment	Name of institution	Year
Head Conjoint Vetter for Part 1 Exam in Family Medicine Masters Programme.	UKM and conjoint with 6 Other Msian medical schools.	2018
Year Coordinator Post Grad Training Group	Family Medicine Department, UKM Medical Centre (UKMMC)	2015-2019
Inviting Lecturer	Department of Dietary, UKM Medical Centre (UKMMC)	2012- current
Inviting Lecturer	Dept of Dentistry, Faculty of Science and Health, UKM	
Invited Lecturer	Family Medicine Department , Management and Science University(<i>MSU</i>)	2012

RESEARCH & COMMUNITY PROJECT AFFILIATIONS

1. The World Organization of Family Doctors (**WONCA**) : Aging Special Interest Group
2. Malaysian Stroke Academy Member
3. Adviser & Coordinator of **UKM Stroke Patient Support Group** (KEKASIH).

Lead a multidisciplinary team in organising educational and social support programs for stroke survivors and their carer on a regular basis.

4. **UKM Orang Asli Research Group** Committee (2016-2019)

Coordinate research and medical program in Pos GOB, Gua Musang Kelantan under the UCTC UKM (University Community Transformation Centre) in 2018 and Kg Orang Asli Kuala Pangsun, Hulu Langat Selangor 2019.

5. Exco Member in **Malaysian Relief Agency** (an NGO for humanitarian and relief work in marginalised and disadvantaged communities in Malaysia and worldwide) – organising support and medical programs for refugees and native Aboriginals “Orang Asli” communities. Involve in conducting training for students and public to become volunteers and relief worker.

- Food & Medical relief mission during Covid-19 Pandemic 2020
- Part of the medical relief team in the Johor air pollution disaster in Pasir Gudang, Johor. 2019
- Led a medical team in 2018 for international relief mission post earthquake and tsunami in Palu Indonesia.
- Led a medical team for flood relief mission in Terengganu & Johor (2010 & 2015)
- Participate in multiple medical outreach clinics for the refugees, orang asli and homeless in Malaysia.
- Headmaster and coordinator for the Rohingya Refugee Community School 2016

PUBLICATIONS

Original Article

1. Aziz NA, Nashrah H, Fadilah AZ, **Ali MF**, Zawawi S, Katijah A Structured Periodic Rehabilitation Intervention Sessions To Stroke Patients. A Longitudinal Review. *Medicine & Health*, 2012, 6(2):114-122 .
2. **Ali MF**, Na Aziz, Afa Aziz, Am Rizal & S Azmin, Prospective Study on Functional Recovery of Post Stroke Patients at 3 Months Post Admission :Outcome and Implications For Post Stroke Care Provision, *Med & Health* ,2013,8(1) :19-27.
3. **Ali MF**, Loh KY. Sodium valproate induced necrotising pancreatitis: A case report. *Malays Fam Physician* 2013;8(3);28-30.
4. Aznida Firzah Abdul Aziz, Noor Azah Abd Aziz, Nor Azlin Mohd Nordin, **Mohd Fairuz Ali**, Saperi Sulong, Syed Mohamed Aljunid , What is next after transfer of care from hospital to home for stroke patients? Evaluation of a community stroke care service based in primary care clinic. *Journal of Neurosciences in Rural Practice*.2013; 4(4):413-420
5. Radzniwan MR, Tohid H, Ahmad S, **Mohd Ali F**, Md Anshar F. Isolation of Mycobacterium fortuitum in sputum specimens of a patient with chronic cough: Is it clinically significant? *Malays Fam Physician*. 2014;9(3);38-41.
6. Anuar Deen Mk, Nik Azlan Nm, **Mohd Fairuz A**, Zuraidah CM, Stroke Community Awareness among Public: A Cross Sectional Study, *Med & Health* 2014; 9(1): 33-43.
7. **Ali MF**, Abdul Aziz AF, Rashid M R , Che Man Z , Amnor AA, LIM YS, Nurul SR, Nur Asilah AZA.Usage Of Traditional And Complementary Medicine (T&CM): Prevalence, Practice And Perception Among Post Stroke Patients Attending Conventional Stroke Rehabilitation In A Teaching Hospital In Malaysia.*Med J Malaysia* Feb 2015, Vol 70(1) ,pg 18-23.
8. MR Radzniwan, SY Chow, AS Shamsul & **MF Ali**, Effectiveness of pictorial based self management among adult with asthma in suburban primary care health clinic, a randomized controlled trial. *Brunei International Med Journal*, 2016, 12 (6), pg 183-190.
9. Aznida Firzah Abdul Aziz, Nor Azlin Mohd Nordin, **Mohd Fairuz Ali**, Noor Azah Abd Aziz, Saperi Sulong & Syed Mohamed Aljunid, The integrated care pathway for post stroke patients (iCaPPS): a shared care approach between stakeholders in areas with limited access to specialist stroke care services, *BMC Health Services Research* 2017, pg17-35.

10. Aznida Firzah Abdul Aziz, **Mohd Fairuz Ali**, Mohammad Fhaisol Yusof, Zuraidah Che' Man, Saperi Sulong, Syed Mohamed Aljunid. Profile and outcome of post stroke patients managed at selected public primary care health centres in Peninsular Malaysia: A retrospective cohort analysis. *Sci Rep*. 2018 (1):17965.pg 1-8.
11. Murni Aliza Abd Malik, Mohd Fairuz Ali, Noor Azimah Muhammad, The Use of Weight Loss Products Among Overweight and Obese Patients in Malaysia, *Mal J Med Health Sci*, 2019,15(1): page 23-30.
12. Hanifatiyah Ali & Dr Mohd Fairuz Ali et al, Altered Vision in MSM Patient, Diagnosis of Ocular Syphilis in Primary Care: A Case Report, *Mal J Med Health Sci*, Jan 2019,15(1),pg 85-88.

CHAPTER IN BOOK CONTRIBUTION

1. **Mohd Fairuz Ali**, Saharudin Ahmad & Mohd Daud Sulaiman, *Situasi Kesihatan dan Peranan NGO dalam Meningkatkan Taraf Kesihatan Komuniti Orang Asli*, Chapter 13, page 228-246 "Pemeriksaan Kesejahteraan Hidup Orang Asli di Malaysia" Abdul G.Don, Aniza Ismail & Zulkefli Aini, ISBN 978-967-412-582-0. Publisher- UKM Press. (IN MALAY LANGUAGE) Translated as "Health Situation and The Role of NGO in Improving the Health Status of Orang Asli Community in Malaysia.

ABSTRACTS IN PROCEEDING

1. **Ali MF**, Na Aziz, Afa Aziz, Am Rizal, S Azmin, Early Functional Recovery of Ischaemic Stroke Patients after 3 Months of Transfer of Care from Hospital to the Community: A Prospective Observational Study *Cerebrovascular Diseases*, 2012, 34(supp 1): 46
2. **Ali MF**, Aziz NA, Aziz AFA, Post stroke rehabilitation after hospital discharge. A prospective cohort study looking at services received for recovery. Proceeding as poster presentation in *17th Malaysian Family Medicine Scientific Conference 2013*.
3. NA. Aziz, A.F. Abdul Aziz, **M.F. Ali**, B.S. Saperi, S.M. Aljunid. From acute care to a primary care-led post stroke service for patients residing at home: Doing away with 'blanket referrals', *Cerebrovasc Dis* 2013; 35 (suppl 3):479.
4. A.F. Abdul Aziz, **M.F Ali**, NS Mohd Zawawi, H Hussain, RM Kamal, Z Che' Man, NA Aziz, SM Aljunid. Managing the post stroke patient in the community: Helping primary care doctors to screen for swallowing disorders using the iCaPPS-Swallow. *Cerebrovasc Dis* 2013; 35 (suppl 3):482.

5. Radzniwan Rashid, Saharuddin Ahmad, Aida Jaffar, **Fairuz Ali**, Norliza Paidi , Determinants of patients at risk of developing obstructive sleep apnea in a primary care clinic, *Research Updates in Medical Sciences* , 2014. 2(2) : 70-74.
6. MR Rashid, **M Fairuz Ali**, Khairul Anwar AR, Farah Adibah MS, Lau PL, Chia CK, Aznida Firzah Abdul Aziz, The prevalence of internet addiction among Malaysian medical students studying at Universiti Kebangsaan Malaysia (UKM) , *Brunei Int Med J.* 2015, 11 (Supp 3), :S44 .
7. Zuraidah CM, **M Fairuz A**, Aznida FAA, Nor Shahrina MZ , Validation of dysphagia self test for screening among post stroke patients in outpatient setting , 2015 , 9th Malaysia Indonesia Brunei Darussalam Medical Sciences Conference, *Brunei Int Med J.* 2015, 11 (Supp 3),S 37.
8. Aziz AFA, Nordin NA, **Ali MF**,Aziz NA,Saperi Sulong, Syed Al Junid, A consensus recommendation for rehabilitation of post stroke patients at community level: The iCaPPSRehab ,*Brunei Int Med J.* 2015; 11 (Supp 3): s20.
9. Chow SY, **Ali MF**, Syamsul AS, Radzniwan MR, The effectiveness of pictorial based self-management among adult asthmatics in a primary care health clinic: a randomised controlled trial, *Malaysian Family Physician*, 2015 Volume 10 Supplement 2, pg 6.
10. **Mohd Fairuz Ali**,Aznida Firzah Abd Aziz, Noor Azah Aziz, Zuraidah Che Man , Programme Book: Developing evidence based practices in long term stroke care & stroke rehabilitation : United Kingdom and Malaysia Collaboration; Signing of MOU between UKM & Nottingham University, 2015.
11. **Mohd Fairuz A**, Aznida Firzah AA, Zuraidah CM, Asriah I, Zazalina M, Saadiah S, N Azah AA, KEKASIH: A post stroke therapy initiative through support group, *Malays Fam Physician*, 2016, Vol 11, Supp 1, pg 14.
12. Fathrul Azarshah Abdul Aziz, Mohd Ibrahim Shapiai, Aznida Firzah Abdul Aziz, **Fairuz Ali**, Ayman Maliha & Zuwairie Ibrahim, EEG Brain Symmetry Index Using Hilbert Huang Transform, Asian Simulation Conference, AsiaSim 2017, Part I, CCIS 751, 2017,pp. 548–560,.
13. Murni Aliza Abd Malik, **Mohd Fairuz Ali**, Noor Azimah Muhammad, The Use of Weight Loss Products Among Overweight Patients in a Primary Care Clinic, 20th Family Medicine Scientific Conference,2017, Penang,Malaysia.
14. Aznida Firzah Abdul Aziz, **Mohd Fairuz Ali**, Mohammad Fhaisol Yusof, Zuraidah Che Man, Saperi Sulong, Syed Mohamed Aljunid, Long Term Post Stroke Care At Selected Public Primary Care Health Centres In Peninsular

Malaysia: A Retrospective Cohort Analysis .CaREhab 2018, Singapore.

15. **Mohd Fairuz Ali**, Aznida Firzah Abdul , Zuraidah Che' Man, Nor Shahrina M Zawawi. Screening For Dysphagia Among Post Stroke Patients: Determining Descriptive Terminology Among Malaysian Patients, 2nd International Health Financial Conference, 2018, Kuala Lumpur, Malaysia.
16. **Mohd Fairuz Ali** , Understanding The Local Community Needs In Longer-Term Management Of Stroke, Session title :Longer Stroke Management in Primary Care workshop, World Organization of Family Doctors (WONCA) World Conference in Seoul Korea 20th of October 2018.
17. Rhadiyah Hussin, Aznida Firzah Abdul Aziz, Ezura Madiana Monoto, **Mohd Fairuz Ali**, Would knowing your risk for getting stroke make you change your lifestyle? A proposal for a pilot randomized controlled trial among Malaysian urban-dwelling stroke caregivers, Mal Journal of Public Health Med, 2018(18) Supp 3, pg 39

SELECTED RESEARCH GRANTS

Role /Funding	Title	Award Authority	Status
(Co-investigator) FF-2019-282 RM 500	A Study On Chronic Diseases Among Orang Asli Communities In Ulu slim, Perak	The UKM Medical Centre	Ongoing
GUP-2018-143 (Co-investigator) RM 50,000	Strategic Engagement of Health Care Professionals through Application of A Teledentistry Model for Detection and Early Intervention of Periodontal Disease	The UKM Medical Centre	Ongoing
Fundamental Grant (Co-Investigator) FF-2013-332 RM 2440	The Stroke Community Project: Evaluation of Long Term Problems Affecting Stroke Patients in the Malaysian Community. A Comparison Between Needs and Help Received	The UKM Medical Centre	Completed
Fundamental Grant (Primary	Clinical Profile and Prevalence of Otitis Media Among Children in Primary Care Setting	The UKM Medical Centre	Completed

Investigator) FF-2015-030 RM 564			
Fundamental Grant (Primary Investigator) FF-2014-041 Rm 4067.40	Travel Medicine : Knowledge And Practice Among Primary Care Doctors In Kuala Lumpur	The UKM Medical Centre	Completed
Young Investigator Research Grant GGPM-2013-054 (Primary - investigators) RM 25, 000.00	Development and Validation of Self Test for Screening of Dysphagia among Post Acute Stroke Patients in the Community	The National University of Malaysia	Completed
Young Investigator Research Grant GGPM-2013-107 (Co-investigator) RM20,000.00	Living With The Type 2 Diabetes Mellitus: Conceptualisation Of Its Meaning And Influence On Self-Care Practice In Th Perception Of Diabetes Patients With Poor Glycemic Control	The National University of Malaysia	Ongoing
HEJIM KOMUNITI Grant 2012-036 (Co-investigators) RM 25, 000.00	The Stroke Community Project : Evaluation of Long Term Problems Affecting Stroke Patients in the Malaysian Community. A Comparison Between Needs and Help Received.	The National University of Malaysia	Completed
Fundamental Grant (Co-investigator) FF 2012-2017 RM2842.00	A Randomized Controlled Trial on the Effectiveness of HIV Preventive Education among Early Adolescents	The UKM Medical Centre	Completed

INTERNATIONAL COLLABORATION

Working on Nurses Led Dementia Clinic in Australia with Professor Dimity Ponds from the School of Medicine and Public Health (General Practice), University of Newcastle NSW Australia.

This project was presented in the World Organization of Family Doctors (WONCA) World Conference in Seoul Korea 20th of October 2018. Session title : Improving Quality of Management in the Elderly.

ONLINE CONTRIBUTION

1. **M Fairuz Ali**, Providing Support in The Elderly, *3age Online Portal*, Available at :<http://3age.com.my/2015/12/14/providing-support-to-the-elderly/>.
2. **Mohd Fairuz A** ,Stroke: Recognising the warning signs, *3age Online Portal*, Available at : <http://3age.com.my/2014/10/21/stroke-recognising-warning-signs/>
3. *Radzniwan Rashid, Saharuddin Ahmad & Mohd Fairuz Ali , Hemodialysis: Apa yang Perlu Saya Tahu Secara Umumnya? (Hemodialysis, what do I generally need to know?) Malaysian Medical Gazette, Health edu. Available at : <http://www.mm Gazette.com/hemodialysis-apa-yang-perlu-saya-tahu-secara-umumnya-prof-madya-dr-mohd-radzniwan-a-rashid-dr-saharuddin-ahmad-dr-mohd-fairuz-ali/>*

JOURNAL REVIEWER

1. Malaysian Family Physician Journalukm
2. Journal of Traditional and Complementary Medicine
3. Malaysian Journal of Medicine

PUBLIC TALKS & FORUM

- a. *Stroke, Cause & Effect.* at Perodua, Rawang Selangor -26 May 2015
- b. Speaker at the Neuroscience conference Terengganu 2015 on “*Long Term Stroke Care*” and facilitator for case discussion.
- c. Stroke day forum panellist PPUKM -29 Oct 2012
- d. Talk on “*Hypertension*” at the Malaysian Dept of Chemistry, Petaling Jaya, Selangor – 2 Sept 2013
- e. *Challenges In Screening For Swallowing Disorders Among Stroke Patients In Community-based Settings*, Long-term Stroke Workshop Programme & MOU signing ceremony between UKM & Nottingham University, UK - 5 Feb 2015
- f. *Talk on Stroke, Signs and Management* ; Interactive Dakwah Training, Setapak, 24 Jan 2016
- g. Talk on *Stroke Treatment & pharmacological management.* Stroke care Forum, UKMMC-28 Mei 2016.
- h. Talk and forum on *Falls prevention* at the Al Fikrah Nursing home, 2018.

REFERENCES

1. Associate Professor Dr Aznida Firzah Abdul Aziz

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The Curriculum Vitae is true and correct as Feb 2019.

Signature :

