

Teoh Gaik Kin (Introduction)

It is an honor to join the UM Grand Challenge Multidisciplinary Research, focusing on conducting community-based participatory research to promote social participation among older people, for my Postdoctoral Research. This project has led to publication of a guide for community-based approach - "A Practical Guide to Promoting Social Participation in Seniors" (2019), as well as an article which documented our lessons learned, entitled "Conducting Community-based Participatory Research in an Urban Malaysian Community: Lessons Learned and Challenges in Establishing Partnerships" (published in *Journal of Community of Applied Social Psychology*, 2018).

I received Congratulate Letter from the President of UTAR for commendable accomplishment in teaching Fundamental Counselling Skills (2018)