

# CURRICULUM VITAE



<b>A. BUTIR-BUTIR PERIBADI</b> <i>(Personal Details)</i>			
<b>Nama Penuh</b> <i>(Full Name)</i>	<b>NAVIN KUMAR DEVARAJ</b>		<b>Gelaran (Title):</b> Dr.
<b>No. MyKad / No. Pasport</b> <i>(Mykad No. / Passport No.)</i>	<b>Citizen</b> <i>(Citizenship)</i> Malaysia	<b>Bangsa</b> <i>(Race)</i> Indian	<b>Jantina</b> <i>(Gender)</i> Male
<b>Jawatan</b> <i>(Designation)</i>	<b>Medical Lecturer and Clinical Specialist</b>	<b>Tarikh Lahir</b> <i>(Date of Birth)</i>	11/10/1977

<b>Alamat Semasa</b> <i>(Current Address)</i>	<b>Jabatan/Fakulti</b> <i>(Department/Faculty)</i>	<b>E-mel dan URL</b> <i>(E-mail Address and URL)</i>
	<b>Jabatan Perubatan Keluarga, Fakulti Perubatan dan Sains Kesihatan</b>  Tel: 03-89472538 Fax: 03-89472585	

<b>B. KELAYAKAN AKADEMIK</b> <i>(Academic Qualification)</i>			
<b>Nama Sijil / Kelayakan</b> <i>(Certificate / Qualification obtained)</i>	<b>Nama Sekolah Institusi</b> <i>(Name of School / Institution)</i>	<b>Tahun</b> <i>(Year obtained)</i>	<b>Bidang pengkhususan</b> <i>(Area of Specialization)</i>
MD (Doctor of Medicine)	Universiti Putra Malaysia	2003	-
Master Of Family Medicine	Universiti Malaya	2016	Family Medicine
Diploma in Practical Dermatology	Cardiff University, Wales	2009	Dermatology
Certificate in Occupational Medicine	Zenith Institute(in collaboration with NIOSH)	2010	Occupational Medicine
Certified Medical Impairment Assessor (CMIA)	NIOSH	2006	Occupational Medicine
Certificate in Medical Statistics (Online certification)	Stanford University, USA	2016	Medical Statistics
Certificate in Scientific Writing (Online certification)	Stanford University, USA	2016	Scientific Writing
<b>C. KEMAHIRAN BAHASA</b> <i>(Language Proficiency)</i>			

Bahasa / Language	Lemah Poor (1)	Sederhana Moderate (2)	Baik Good (3)	Amat Baik Very good (4)	Cemerlang Excellent (5)
English				x	
Bahasa Melayu				x	
Chinese	X				
Lain-lain (other):Hindi			X		

#### D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN

(Scientific experience and Specialisation)

Organization	Position	Start Date	End Date	Expertise

#### E. PEKERJAAN (Employment)

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
Universiti Putra Malaysia	Medical Lecturer and Clinical Specialist (Family Medicine)	Family Medicine	29/11/16	Till now

#### F. ANUGERAH DAN HADIAH (Honours and Awards)

Name of awards	Title	Award Authority	Award Type	Year
Academic Awards	MALAYSIAN RESEARCH ASSOCIATION INCENTIVE 2015	Universiti Putra Malaysia	National	2017
Non-Academic Awards	1.POSTER PRESENTATION – 1 <sup>st</sup> Prize	Malaysian Society of Hypertension Annual Scientific Meeting	National	2018
	2. POSTER PRESENTATION – 2 <sup>nd</sup> Prize	Malaysian Society of Hypertension Annual Scientific Meeting	National	2018
	3.. ORAL PRESENTATION – 2 <sup>nd</sup> and 3 <sup>rd</sup> Prize	Malaysian Society of Hypertension Annual Scientific Meeting	National	2018
	4. ORAL PRESENTATION – 2 <sup>nd</sup> and 3 <sup>rd</sup> Prize	Malaysian Society of Hypertension Annual Scientific Meeting	National	2019
	5. POSTER PRESENTATION – 3 <sup>rd</sup> Prize	Malaysian Society of Hypertension Annual Scientific Meeting	National	2019
Awards of Merit	1.Anugerah Perkhidmatan Cemerlang	Universiti Putra Malaysia	National	2018
	2..Finalist of Majlis Anugerah JINM	Universiti Putra Malaysia	National	2018
	3.Finalist of Majlis	Universiti Putra Malaysia	National	2019

	Anugerah JINM			
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**G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan)**

*(List of publications – author (s), title, journal, volume, page and year published)*

<i>Journal</i>	<ol style="list-style-type: none"> <li>1. Navin Kumar Devaraj. A case of lignocaine toxicity. Archives of Medical Sciences Civilization Diseases. Open Access. Published 15/03/17</li> <li>2. Navin Kumar Devaraj, Mohazmi M, Norita H. Prevalance, factors influencing, and knowledge about adherence to lipid lowering therapy among hyperlipidaemia patients. Med J Malaysia 2017;72(3);157-64 (Scopus)</li> <li>3. Navin Kumar Devaraj. Case report: A case of pericardial effusion presenting to primary care. Med J Malaysia 2017; 72(4): 252-3 (Scopus)</li> <li>4. Navin Kumar Devaraj..A difficult rheumatology diagnosis. Ethiopian Journal Of Health Sciences 2018; 28(1):101-2 (Scopus)</li> <li>5. Navin Kumar Devaraj. Letter to the Editor: Use of mobile phone to improve follow-up rates. Malawi Medical Journal 2017; 29(3): 276-7 (ISI)</li> <li>6. Navin Kumar Devaraj. Letter to Editor in response to the article by Ahmad Adam et. al on “Prevalance of obesity and overweight among doctors in Brunei. BIMJ 2017; 13(1):43 (Scopus)</li> <li>7. Navin Kumar Devaraj. Case report: Lung infection caused by Mycobacterium Fortuitum. Rwanda Med J. 2018;75(1);9-11 (Scopus)</li> <li>8. Navin Kumar Devaraj. Man as victims of domestic violence. Rwanda Med J. 2018; 75(2):9-11(Scopus)</li> <li>9. Navin Kumar Devaraj. Managing Dengue fever in heart failure- a case report. Iran Red Crescent Med J. 2018; 20(2):e60822. (ISI)</li> <li>10. Navin Kumar Devaraj. Letter to the Editor: Antibiotic resistance: A real menace. Oman Med J 2017. 32(6):531 (Scopus)</li> <li>11. Navin Kumar Devaraj. Letter to the Editor: Colonic perforation, Acta Med Port. 2017; 30(12):891 (ISI)</li> <li>12. Navin Kumar Devaraj. Two atypical cases of severe dengue fever. Rwanda Med J; 75(3):1-2 (Scopus)</li> <li>13. Navin Kumar Devaraj, Aneesa Abdul Rashid. Neurogenic bladder in a young female. Rawal Med J 2018: 43(2):369-70 (Scopus)</li> <li>14. Aneesa Abdul Rashid, Navin Kumar Devaraj, Nurainul Hana Shamsuddin. Breastfeeding Practice, Support and Self Efficacy among working mothers in a rural clinic in Selangor. Malaysian J of Med and Health Sciences 2018;14(2):39-49 (Scopus)</li> <li>15. Navin Kumar Devaraj. Letter to the Editor: Depression and suicidal ideation among adolescents. Med J Malaysia. Accepted</li> </ol>
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February 2018 (Scopus)

16. Navin Kumar Devaraj. Letter to Editor in response to the article by Wonget. al on “Colonic Diverticular Disease in Brunei”. BIMJ 2017; 13(4):146 (Scopus)
17. Navin Kumar Devaraj. The atypical presentation of rheumatoid arthritis in an elderly woman. Ethiopian Journal Of Health Sciences 2019;29 (1):957-8 (Scopus)
18. Navin Kumar Devaraj et al. A national audit on the utilization and documentation of dabigatran checklist for patients initiated on Dabigatran. Med J Malaysia Accepted September 2018 (Scopus)
19. Navin Kumar Devaraj, Aneesa Abdul Rashid. Oh No! Now I have diabetes. Rawal Med J 2018;43(4):776-8 (Scopus)
20. Navin Kumar Devaraj. Letter to the editor: Outpatient administration of antibiotics in neonatal sepsis. Malaysian J of Med and Health Sciences. Accepted August 2018(Scopus)
21. Chia YC, Ching SM, Chew BN, Devaraj NK, Siti Suhaila MY, Tay CL, Kang PS, Verna Lee KM, Kong SZ, Teoh SW, Nurjasmine AJ. May Measurement Month 2017 blood pressure screening: findings from Malaysia—South-East Asia and Australasia. European Heart Journal Supplements. 2019 Apr 1;21(Supplement\_D):D77-9. (ISI)
22. Beaney T, Burrell LM, Castillo RR, Charchar FJ, Cro S, Damasceno A, Kruger R, Nilsson PM, Prabhakaran D, Ramirez AJ, Schlaich MP. May Measurement Month 2018: a pragmatic global screening campaign to raise awareness of blood pressure by the International Society of Hypertension. European heart journal. 2019 (ISI)
23. Tan CH, Chow ZY, Ching SM, Devaraj NK, He FJ, MacGregor GA, Chia YC. Salt content of instant noodles in Malaysia: a cross-sectional study. BMJ open. 2019 Apr 1;9(4):e024702. (ISI)
24. Rampal SR, Devaraj NK, Yoganathan PR, Mahusin MA, Teh SW, Kumar SS. Distribution and prevalence of microorganisms causing diabetic foot infection in Hospital Serdang and Hospital Ampang for the year 2010 to 2014. Biocatalysis and Agricultural Biotechnology. 2019 Jan 1;17:256-60. (Scopus)
25. Navin Kumar Devaraj, Aneesa Abdul Rashid, Nurainul Hana Shamsuddin, Ahmad Afifuddin bin Abdullah, Tan Chun Han, Chow Zhen Yee. Occupational Asthma as a Differential Diagnosis of Adult-Onset Asthma – A Case Report. Malaysian J of Med and Health Sciences 2019; 15(2): 145-7 (Scopus)
26. Siti Amirah Hassan, Dhashani Sivaratnam, Navin Kumar Devaraj, Teh Kok Hoi, Rosniza Abdul Razak. Ching Siew Moi. A Case of Myeloid Sarcoma Masquerading as Neuroblastoma. Malaysian J of Med and Health Sciences 2019; 15(2): 157-9 (Scopus)
27. Navin Kumar Devaraj, Mokshashri Naidu Ragubathi, Sin Yee Er, Siew Mooi Ching. Septic Shock as a Differential Diagnosis of Severe Dengue Fever in a Child in Malaysia - a Case Report. Malaysian J of Med and Health Sciences 2019; 15(2): 154-6 (Scopus)
28. Leong Whye Sook, Nur Izzah Aini Sablihan, Suriani Ismail, Navin Kumar Devaraj, Ching Siew Mooi. Factors Associated With the Level of Physical Activities Among Non-Academic Staffs in the Faculty of Medicine and Health Sciences of a Public University in Selangor, Malaysia. Malaysian J of Med and Health Sciences 2019; 15(2): 47-55 (Scopus)
29. Devaraj NK, Aneesa AR, Abdul AH, Shaira N. Topical corticosteroids in clinical practice. The Medical journal of Malaysia. 2019 Apr;74(2):187-9. (Scopus)
30. Navin Kumar Devaraj. Efficacy of papain in reducing soft tissue swelling- A case report. Rwanda Med J. Accepted June 2019 (Scopus)

	31.
<i>Books/Monographs</i>	
<i>Chapter in book</i>	
<i>Proceedings</i>	<p><b>1. NHAM-CRM research track.</b></p> <p>Prevalance, knowledge and adherence to lipid lowering therapy among patients with hyperlipidaemia in a primary care clinic at a tertiary hospital</p> <p>Poster presentation. 08/04/17</p> <p><b>Abstracts MSH 2018</b></p> <ol style="list-style-type: none"> <li>1. Comparison of Blood pressure control based on clinic versus home blood pressure measurements (Oral)</li> <p>Shu Leed Tan, Ramdzan Siti Nurkamilla, Siew Mooi Ching, Devaraj Navin Kumar, Yook Chin Chia</p> <li>2. Metabolic syndrome and its associated factors among patients with hypertension: a cross-sectional study in Malaysia (Poster)</li> <p>Devaraj Navin Kumar, Siew Mooi Ching, Yook Chin Chia</p> <li>3. American Heart Association versus JNC 7 Hypertension Guideline for detection of Hypertension in a Malaysian Population (Poster)</li> <p>Yook Chin Chia, Siew Mooi Ching, Devaraj Navin Kumar</p> <li>4. Sodium content among instant noodles in Malaysia: a cross-sectional study (Poster)</li> <p>Chun Han Tan, Zhen Yee Chow, Yook Chin Chia, Siew Mooi Ching, Devaraj Navin Kumar</p> <li>5. Knowledge and practice on stroke in health screening campaigns in Malaysia- a cross sectional study (Poster)</li> <p>Zhen Yee Chow, Chun Han Tan, Yook Chin Chia, Siew Mooi Ching, Devaraj Navin Kumar, Hooi Chin Beh, Bee Nah Chew, Fan Kee Hoo</p> <li>6. The prevalence of chronic kidney disease in patients with diabetes mellitus and its' association with Framingham General Cardiovascular Disease Risk Score – a retrospective cohort study (Poster)</li> <p>Devaraj Navin Kumar, Yook Chin Chia, Siew Mooi Ching</p> <li>7. Screening for Hypertension using new and old guidelines: a cross sectional study in Malaysia (Poster)</li> <p>Siew Mooi Ching, Bee Nah Chew, Yook Chin Chia, Devaraj Navin Kumar, Kar Mun Lee, Hooi Chin Beh, Tharmalingam Palanivelu, Chai Li Tay, Pei San Kang, Sie Zin Kong, Nurjasmine Aida Jamani, See Wie Toh, Sunita Bavanandan, Farnaza Arrifin</p> </ol> <p><b>European Society of Hypertension Annual Scientific Meeting 2018</b></p> <ol style="list-style-type: none"> <li>8. Metabolic syndrome and its associated factors among patients with hypertension: a cross-sectional study in Malaysia (Poster)</li> </ol>

Devaraj Navin Kumar, Siew Mooi Ching, Yook Chin Chia

9. The prevalence of chronic kidney disease in patients with diabetes mellitus and its' association with Framingham General Cardiovascular Disease Risk Score – a retrospective cohort study (Poster)

Devaraj Navin Kumar, Yook Chin Chia, Siew Mooi Ching

**International Society of Hypertension 2018 Scientific Meeting (Hypertension Beijing 2018)**

10. Ownership of home blood pressure devices among patients with hypertension in primary care (poster)

Navin Kumar Devaraj, Siew Mooi Ching , Shu Leed Tan , Siti Nurkamilla Ramzdan , Yook Chin Chia

11. Relationship of long term visit to visit blood pressure variability to day to day blood pressure variability (oral)

Navin Kumar Devaraj, Siew Mooi Ching , Shu Leed Tan , Siti Nurkamilla Ramzdan , Yook Chin Chia

12. Discarding the First Day's Home Blood Pressure Measurements: Is it Necessary?

Siew Mooi Ching, Hooi Chin Beh, Navin Kumar Devaraj, Yook Chin Chia (poster)

**Abstract Korea Jeju HPT 2018**

13. Metabolic syndrome and its associated factors among patients with hypertension: a cross-sectional study in Malaysia (Poster)

Devaraj Navin Kumar, Siew Mooi Ching, Yook Chin Chia

14. The prevalence of chronic kidney disease in patients with diabetes mellitus and its' association with Framingham General Cardiovascular Disease Risk Score – a retrospective cohort study (Poster)

Devaraj Navin Kumar, Yook Chin Chia, Siew Mooi Ching

15. Association of Day to Day blood pressure variability and cognition in the Elderly Hypertensives in a primary care setting. (Oral)

Navin Kumar Devaraj, Siew Mooi Ching, Shu Leed Tan , Siti Nurkamilla Ramzdan, Yook Chin Chia

16. Salt content among instant noodles in Malaysia: a cross-sectional study (Poster)

Chun Han Tan, Zhen Yee Chow, Yook Chin Chia, Siew Mooi Ching, Devaraj Navin Kumar

17. Knowledge and practice on stroke in health screening campaigns in Malaysia- a cross sectional study (Poster)

	<p>Zhen Yee Chow, Chun Han Tan, Yook Chin Chia, Siew Mooi Ching, Devaraj Navin Kumar, Hooi Chin Beh, Bee Nah Chew, Fan Kee Hoo</p> <p>18. Quality of life and self-efficacy of Hypertensive Patients in a Malaysian primary care clinic (Poster)</p> <p>Ooi PB, Chia YC, Navin KD, Ching SM</p> <p>19. Knowledge, attitude and practice of dietary salt intake among patients with hypertension in a primary care setting (Poster)</p> <p>Siew Qin Tan, Lahvenya Iswaran, Siew Mooi Ching, Navin KD, Yook Chin Chia</p> <p>20. Predictors of knowledge of target BP control of hypertensives patients in a primary care clinic (Poster)</p> <p>Lahvenya Iswaran, Siew Qin Tan, Siew Mooi Ching, Navin KD, Yook Chin Chia</p> <p>21. Discordance in blood pressure control of self-report, clinic and home blood pressure measurement</p> <p>Ching SM, Chia YC, Navin KD</p>
<i>Other publications (Professional magazines)</i>	<ol style="list-style-type: none"> <li>1. Navin Kumar Devaraj. Pathway to specialization. Berita MMA. February 2018</li> <li>2. Navin Kumar Devaraj. So you way to become a lecturer? Berita MMA. March 2018</li> <li>3. Navin Kumar Devaraj. A GP's life. Berita MMA. May 2018</li> <li>4. Sanjiv Rampal, Navin Kumar Devaraj, Manvikram Singh Gill. Surfing Evidence in the Sea of Supplement A Practical Approach to Supplements. May 2018</li> <li>5. Navin Kumar Devaraj, Dhashani Sivaratnam, Abdul Hadi Abdul Manap. Sedentary Lifestyle: The Grim Reaper of Bad Health. Berita MMA. March 2019</li> <li>6. Navin Kumar Devaraj, Sanjiv Rampal Lekhraj Rampal, Yeap Ewe Juan. Diabetic Foot Ulcers: Stepping into The Future. Berita MMA. April 2019</li> </ol>
<i>Computer software</i>	

<b>H. PROJEK PENYELIDIKAN TERDAHULU</b> (Past Research Project)					
<i>Project No.</i>	<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
1	The prevalence of hypertension among adults aged 18 years and above in Kampung Jenderam Hilir, Sepang District	Principal Investigator	2001	Self funded	Completed

2	Adherence to lipid lowering therapy among patients with hyperlipidaemia in a primary care clinic at a tertiary hospital	Principal Investigator	2014-2015	Self funded	Completed
3	Factors associated with resistant hypertension among elderly hypertensive patients at a primary care clinic	Principal Investigator	February 2018-February 2020	Putra IPM Grant	In progress
4	Blood Pressure Variability and Cardiovascular Events	Co-Investigator	July 2017-July 2019	Pfizer International Grant	In progress

<b>I. ID PUBLISHING</b> ( <i>Publishing ID</i> )		
	<b>Author ID</b>	<b>Name</b>
Scopus	57194604984	1.Devaraj, Navin Kumar 2.Devaraj, Navin K. 3.Devaraj, N.K.
ORCID	orcid.org/0000-0001-8097-3192	Navin Kumar Devaraj
Web of Science ID		
Researcher ID		
Others - Publons	Navin Kumar Devaraj	

<b>J. RANGKAIAN SOSIAL</b> ( <i>Social Networking</i> )	
Facebook	
LinkedIn	√
Researchgate	√ Navin Kumar Devaraj
Academia	√
Google Scholar	√ (Navin Kumar Devaraj)
Blog	
Website url	
Others	



## Professional services

1. Journal editorial team

Rwanda Medical Journal since 2018

2. Journal reviewer

-BMJ open

-Journal of Diabetes in Developing Countries

-Medicine®

- Journal of Nature, Science and Biology

- Malaysian Journal of Medicine and Health Sciences

- Journal of Medical Case Reports

- Malaysian Family Physician

3. Students (Mmed)

- Afif

-Fatimah

-Nurdiyana

-Ilan

- Siti Solehah

Students (MSc)

-Sobia Saeed

-almutebobed

-Tomeh Abdul Hameed

-Fauzan Mustapha

Special meeting attended

1. Perbincangan awal Penuaan Sihat-attended by Dr Teketo Tanaka **MD MPH**  
Technical Officer, Health Policy  
Representative Office for Malaysia, Brunei Darussalam, and Singapore  
World Health Organization  
Cyberjaya, Malaysia  
10/1/2020 at Institute of Gerontology UPM
2. Mesyuarat Perbincangan Kolaborasi Penyelidikan Antara Institut Kesihatan Negara (NIH)  
Dengan Universiti Awam-Chaired by DG of Health, Datuk Dr Noor Hisham Abdullah and  
Deans or representatives of all Public Medical Faculties in Malaysia  
Held on 13/11/2019 at NIH, Setia Alam -aims to forge more collaboration between MOH  
and MOE on issues of health

Others

.1. Board of accreditation of the latest MD programme review

2. Head Coordinator of PUTRA MOOC module on Primary Care Dermatology 1- launched  
in 2020

3. Coordinator of Community Follow Up posting for Year 4 MD students from 2018-2021